



Also available "on-line" in FULL COLOR at www.loveagolden.com/newsletter.htm

Fall 2012

Volume 12 Issue 3

Some of the Parts of Dog Rescue That Make Up Love a Golden Rescue

There are many parts to rescue. Helping the dogs in need, getting them healthy, loving them as they overcome their baggage and finding forever homes for them---these are all crucial. To do this successfully, we need funds as well as the work the volunteers do, along with all of the work from our wonderful foster homes.

Love a Golden Rescue is very lucky to have loyal donors who respond to our annual Valentine Appeal each February. Thank you! Each year, we hold a Missouri and an Illinois Trivia Night which are always fun. At holiday times, we gift wrap at four local Barnes and Noble stores. This is a favorite fundraiser for our volunteers. If you would like to help wrap, please email adoption@loveagolden.com. We have many hours to cover this year.

Each year, we try to have a special fund raiser. In May of 2011, we were approached by Adam Williams of Wishbone Photography. He asked if we had any need of his volunteer help as a photographer. Several of us brain stormed, and our imaginations ran wild. Could we really put a calendar together? We knew the Golden Retriever National Specialty was to be held in September 2012 in St. Louis, so the timing was perfect. This would be a great venue to sell the calendars. We figured we had to "strike while the iron was hot."

We talked to Adam about the logistics of producing a calendar. He was very anxious to help us make our calendar a reality. As we researched, we found printing our calendar would be a very big hurdle due to the expense. To make this dream come true, we needed to raise funds.

The calendar committee met with Adam to do additional problem-solving, and it was decided to take bids for each month's page, as well as challenging people to bid BIG for the front cover. This proved to be very successful, and we raised enough money to cover the printing.

Adam met with the "stars" of our calendar for the photo shoots for each of the months from September through June. In January, we waited patiently for snow, so we could hopefully get some great snowy pictures. It was a warm winter with no significant snow, so this did not happen. Most of the photos were taken at Castlewood State Park or Queeny Park in St. Louis County. These two sites provided some beautiful backdrops for our gorgeous Golden Retrievers. In order to get the best light, the photo call time was early, mostly at 7:30 in the morning. Luke's session (Luke is on the front page) took a while. After hiking to overlook the valley, he kept his tail between his legs. However, Adam has an endless supply of patience, and finally, he was able to take the beautiful photo that's emblazoned across the front cover of our calendar.

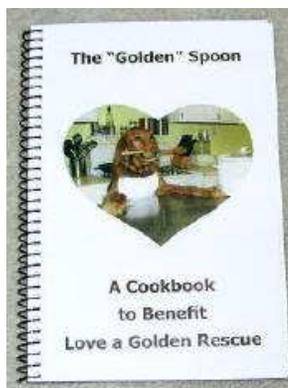


Our task now is to sell our calendars. We have them in doggie specialty stores, our volunteers are selling them, and we have received many orders from the mailer we sent out. We also plan to sell them on e-bay. If you would like to help, please email adoption@loveagolden.com.

If you have not purchased your calendar, please consider going to our web page to order one at www.loveagolden.com. You might buy several; your colleagues and friends might also want one.

Several years ago, we created a cookbook "The Golden Spoon", which is now in the third printing, and is full of wonderful recipes from our volunteers and friends. One chapter is dedicated to our doggie friends with recipes for tasty treats of all kinds. You can find our cookbook on our web page at www.loveagolden.com/Sale%20Items.htm. The cookbook is also sold at many of our events.

Our cookbook and calendar make wonderful holiday gifts. Think about it...no more battling the crowds at the malls. With a couple of clicks of your mouse and keyboard, your holiday shopping will be finished, and it will help a wonderful cause!



President's Message

Hi

Did you ever think about how unpredictable life is? For us humans, we hopefully can roll with the punches but what about the dogs we rescue? I wonder what they think is happening to them when their life changes so quickly?

Take a puppy mill dog for instance. First, they have to endure the transportation in a contraption (a car). They have no idea what it is, and then it moves--how frightening that must be for them. Then they arrive at a vet's office and are handled by people--another scary thing, as they have never been handled before. This is just the beginning of their journey. Once in a foster home, there are so many noises they have never heard, so many things to learn, but luckily, there are dedicated people to help them.

Many of these dogs recover and become wonderful pets but some, such as Bella, who we adopted a couple of years ago, has never recovered. Bella will still not come into the house unless we hide; her fear of the threshold is so great. She has been in rescue for five years, and we cannot imagine what happened to her to carry this much baggage for so long.

Some dogs are in loving homes, but due to circumstances beyond their owners' control, they must come to rescue. The dogs' lives are turned upside down. They are turned over to strange people and go to a vet they do not know. With these dogs, they tend to recover quickly in their foster homes. When they go to wonderful homes, they adjust very well.

Some dogs are strays which have come from shelters. Their time in the shelter is very stressful. When the "stray hold" time is up, they can go to rescue. These are the dogs we know little about and have to learn what makes them tick. Foster homes are very important when it comes to evaluating stray dogs.

Huey was a stray who was dumped. He was well-loved and well cared for the first part of his life, but then he was given to "friends" who promised to take care of him when his first owner experienced a job loss. At some point in his life, something happened to him that made him skittish. He's terrified of thresholds and is extremely hesitant when approaching people. When the "friends" moved, they didn't take Huey with them. They simply dumped him and left him to fend for himself. A part of Huey remembers what love is. He adores being petted, but there is a part of his heart which is scarred.

During the last few months, I have thought a lot about life, especially about the dogs we rescue. How thankful I am for our foster homes. They take these dogs into their homes and work with them so that the loving families that want to adopt from us can continue to love them and give them wonderful forever homes.

Goldens are a very resilient breed and often do not look back. We have all watched as one of our fosters gets adopted. They climb in the car with their new family and never look back, while we stand there crying because we put our heart and soul into the dog making it whole again. Then we think about the next one and start all over again.

I am so proud to be part of Love a Golden Rescue. During the last 11 years, I have met many wonderful people and formed life-changing friendships.

Golden Thoughts,

Jan



We can now recycle the following with eScript Recycling.

The following items that you no longer want can be dropped off at any of our events or email adoption@loveagolden.com to make arrangements.

Music CD's
Movies on DVD/BLU Ray
Video Games

ASK ELSA



For this issue, I have decided that I need to tackle what I feel is a growing problem. Recently I visited my Golden cousins--Governor and Chloe—who are two older Golden retrievers. My, have they grown, but they haven't grown taller...just wider. Governor is a big-framed boy and topped the scale at 110 pounds. Chloe was 93 pounds. She is no longer active due to her aches and pains in her old bones. I am pleased to report that they both have lost a significant amount of weight, thanks to their parents who followed the vet's instructions. They were fed Purina OM Overweight Management food and are now slimmer and trimmer.

I started to look around me. My goodness! Some Golden retrievers no longer have waists. Those of you who know me may wonder how I can be so critical. You might say, "Elsa, it's easy for you to talk. You never have a problem with a little extra weight." After all, I am a petite 52 pound girl (some of my pranks and troublemaking burns off calories, but don't tell my parents that).

I have seen weight problems with foster dogs in our home. Mae was a walking coffee table at 130 pounds, but now she is sleek at 64 pounds. The scale used to groan when Maggie Moo stepped on it. She was 117 pounds, but now she is 68 pounds, if you can believe that. I would like to share eleven things for you to tell your parents, especially if you feel you no longer have a waistline.

1. An overweight (especially obese) Golden retriever can lose 2 years from their life due to the extra weight. I know I want to be around as long as possible.
2. Table food is a big no-no. This will pack on the pounds. A moment on the lips and down the gullet means a lifetime on the hips.
3. If you are given lots of treats, especially large ones, then this should be taken into account with the amount of food you receive each day. Ask for tiny treats—they taste just as good.
4. Beg your family to go "vegan" when it comes to treats. A cold raw baby carrot tastes like a popsicle to us—it's cold and crunchy and to us, it tastes "sweet." A couple of room temperature green beans right out of your hand would be a tasty treat as well. These are both low calorie and healthy alternatives to more expensive store-bought biscuits.
5. If you are chubby and you do not overeat, or you are plagued by poor coat quality, you may need your thyroid tested. As a side note, both Mae and Maggie Moo now take thyroid meds.
6. Exercise is important. If your owner cannot take you on walks, go out and chase a ball, Get off that couch and have some fun. Daily walks are the best, 20 to 30 minutes of brisk walking every day is ideal. A dog which has played and walked every day is a happy dog.
7. If you are overweight, a good diet food can help. My mom told me overweight rescue dogs are put on OM which works wonders. You can eat a normal amount, and you do not feel starved or deprived.
8. Your food should always be measured. Green beans can be added to your food to help make you feel full without adding calories. (Rinse the canned green beans before you add them to our food. Sometimes there is salt added, and we don't need that extra sodium.)
9. Your vet should give you a "once-over" to be sure there are no health concerns or other health issues going on besides the extra weight problem. The vet can advise your family about the appropriate amount we should be fed every day. (If you ask us, we'd keep saying, "More! More!" just like we keep saying, "More petting! More cuddling! More belly rubs!")
10. Your parents should have the willpower to resist giving in to your begging eyes. We're experts at it. Hey, we're Golden retrievers. We're gorgeous, and we're great at getting our way. Give in to our beautiful brown eyes, scratch behind our ears and pat our heads. Tell us what good dogs we are—but don't give us extra treats. We want to be at your side for a very long time.
11. If your family is not sure if you are overweight, have them run their hands down your ribcage. As a rule, they should be able to feel (but not see) your ribs through a thin layer of fat and see a defined "waist" between the ribs and hips.

I hope my tips help you and your family, and I hope you have a long and healthy life.

Love,
Elsa

HAPPY ENDINGS



Duchess is doing great! She's such a happy, sweet dog. She's quite spoiled too, as you can see in the picture. The other good news is she's down to 75 pounds (she was 100 lbs when she first got to LAGR). The vet said she's getting pretty close to her ideal weight! Her favorite place is still the couch, but she seems to have more energy than she did a year ago and plays with her toys more than she used to.

Abby is doing very well (left). She is so spoiled! We love her dearly (so does Aspen.)



Spike is doing well. Here is a picture taken of the handsome boy.



Clancy formerly Washington was two this summer. Clancy is doing great. He continues to bring joy and affection to our family. He loves the grandchildren, and they love him. He is truly a blessing to our family.

Duke enjoys time with his mom.



Brewski formerly Codie and Gracie.



Two Love a Golden Rescue dogs who now enjoy the good life.

This is a photo of Dolly with her "pet" cat! She just loves them. She is doing great! Dolly is such a sweetie, we love her so much!



Buffy enjoys playing dress up.



Syd formerly Millie. She just had a bath, her nails clipped, was deshedded and received a festive bandana to finish the session.



Clay and London waiting for Dad to come home.

CONTINUED NEXT PAGE

HAPPY ENDINGS -CONTINUED



Rosie formerly Eliza is in heaven with so many toys.

Rowdy and Cheyanne are devoted to each other and enjoy the good life.



Jeffrey meets his new family. They are more his size than Golden Retrievers are. He loves to play.



Sarge is doing great. Here he is at the ballpark on "Bring your dog day" watching the Reds play. He is lying down.



Canyon (big blonde) and Cooper were "pals" from the moment they met. They play well together. Cooper is not intimidated by Canyon's size. Canyon is so gentle that he tolerates Cooper, and "lets him win" about half the time when they are playing. Canyon has been a very positive influence on our 4 month old Cooper. Canyon is a wonderful dog!!!



Kody formerly Kodak (left) with his best friend and brother Spencer.



PIC ME! - Golden currently available for adoption.
 All of our adoptable Golden can be found on our web site at: www.loveagolden.com



Bradie is 7 years old. I am a Labradoodle and a big boy at 90 pounds. I am looking for a home with someone who is home most of the time or can take me to work with them. I do not like being on my own. I get nervous and would do better with an older couple who will give me a lot of loving.

Tootsie

My name is Tootsie. I was born on July 6th. My mom is Golden, and we are thinking my dad was a lab, but I have long legs so who knows. I have a Golden heart and my foster mom says I am a very good puppy. I have my puppy moments, but like to settle and snuggle. I am almost potty trained and have been doing well on short walks. I am



ready to go into a foster to adopt home, and once I am spayed, the final adoption can be completed. I love to play with my toys and love to run around in circles to wear myself out. I cannot wait for a home of my very own.

Find the Golden!



The Golden in last edition was hidden on page 2 near the lower right corner. Did you find it? The Golden is making its way through the newsletter and will be hidden somewhere in this edition. Have fun, reading through the entire newsletter to find it. The location will be revealed in the next edition.

Love a Golden Rescue 2013 Calendar for Sale

The cost for each calendar is:

\$12 for USPS mail delivery

\$10 when purchased in person at any of our events

Please send me _____ calendars @ \$12 each Amt. Enclosed _____

Name _____

Address _____

City _____ State _____ Zip Code _____

Return this postcard and payment to:

Love a Golden Rescue
 PO Box 27621
 St Louis, MO. 63146



Each calendar contains 12 months of LAGR alumni photos taken in beautiful outdoor surroundings.

RECENTS EVENTS

St. Charles Trivia Night August 18th



Our annual trivia night was held on August 18th. Once again, this fundraising event was a great success. We had lots of fun, good food, drinks, and great silent auction and raffle items. We all learned a few new things from the questions that were asked! This is one of our biggest fund raisers each year, and we are already looking forward to next year.



GRCA National Specialty 2012 September 4th - 13th

This year, the Golden Retriever Club of America held their Nationals at the Purina Event Center in Grey Summit. It was the beginning of September and the beginning of an exciting week.

The most beautiful Goldens were entered in confirmation. We heard 1,400 Goldens were competing in confirmation, agility, rally and field trial, as well as other events. All those gorgeous Goldens in one place-- what a sight to behold.

On Friday, September 7th the rescue parade was held. Four Love a Golden Rescue dogs represented us: London, Mae, Foley and Elsa all proudly walked the ring to represent LAGR while their stories were read. There were also 26 rescued Goldens from other organizations. It was very touching to hear their stories.



We had a booth, and like most vendors, were outside. It was extremely hot, but thanks to our volunteers who came and braved the hot weather, we were able to take turns cooling down while we sold our calendars and chatted to the participants. On Thursday evening, a storm was due to roll in. We secured our items (wrapped in tarps) and felt they and our tent would be safe. Little did we know a wind shear was headed our direction. Our tent was picked up, blown away and destroyed. We were lucky our merchandise was saved.

Unfortunately, other vendors were not so lucky.

The next day, we were up and running again. Just like Goldens, we are resilient and looked at the positives instead of dwelling on the negatives. Despite all of this, we were able to sell many of our 2013 calendars, cookbooks, shirts and crafts. It was a great week seeing so many wonderful, well behaved Goldens.

The Brave, the Bold, the Daring - these adjectives describe our devoted volunteers who worked at the LAGR table at the 2012 National Specialty Show. Here is a picture of our volunteer Diane as she holds down the fort (tent) as a storm comes through. She avoided doing a Mary Poppins thanks to the other volunteers on each of the corners.



Blessing of the Animals September 15th

Love a Golden Rescue was asked to participate in Ivy Chapel United Church of Christ's 12th annual "Blessing of the Animals." As this year's featured rescue group, LAGR generously benefited from free-will offerings that were received from the people who attended. The blessing was held outside on the grounds of Ivy Chapel UCC, and the fall weather was perfect. Pastor Dan Wilson met with each family and their pets and said a blessing for each. Several foster dogs were present; including Bud, Zoey, and Bryann, all of whom received blessings which we hope will result in finding their perfect forever homes! LAGR set up a table, featuring literature on Golden Retrievers and rescue, as well as our current fosters. We also featured our beautiful 2013 calendars. The day was full of pets - Pastor Dan's Golden Retriever, as well as many other dogs, cats (on leashes!), a turtle and even a chinchilla. We are so grateful to everyone who participated. Thank you Ivy Chapel for your support.

IN LDVING MEMDRY

Five years ago Jake (formerly Jeff) was adopted from LAGR. He sadly went to the bridge in the summer of 2012. He was greatly loved by his family.

In February 2007, we adopted "Joker". Just last week, Joker went to the Rainbow Bridge at about 11 years old. He had cancer. We wanted to let you know how much we loved and enjoyed him in the 5 years he blessed our lives. Here we took 5 walks every day, sometimes to nap on the pier by our river. We traveled together to visit family and friends. The night Joker passed on we held him in our arms at the vet's office. We told him how happy he made us and what a good dog he was. We said goodbye and let him go. Thank you for all you do to bring wonderful dogs to people who need their love and caring.



It is with total sadness & devastation that I write you to tell you that our BELOVED golden girl Jubilee went to the Rainbow Bridge on August 24, 2012. She had turned 13. We want to THANK YOU SO MUCH for bringing her into our lives almost 11 years ago. She was a WONDERFUL dog, and we loved her like a child (our daughter loved her like a sister). Everyone that she ever met fell in love with her. Our house is not the same-it seems like a house & not a home. Now we are having a VERY difficult time adjusting to life without her.. THANK YOU again for all you do and for making our lives and our memories so wonderful from one of your dogs!

Coco (formerly Vance) was adopted in 2002 and had a wonderful life.

I wanted to thank you and Love a Golden Rescue for the wonderful time that we had with Coco. He was a perfect; wonderful, kind and a gentle animal that we will all miss greatly. We have so many lovely memories of him. There were so many nights when I returned home late from work travel, and everyone else was in bed, but Coco was there to greet me at the door, without fail, every single time.

Amelia died recently from her cancer. She lived about ten months longer than they thought, so she had a good year. We loved her so much.



LOVE A GOLDEN RESCUE - SUPPORTERS

Love a Golden Rescue would like to take this opportunity to thank all of our supporters who, since the publication of our last newsletter, have given new "forever homes" to our homeless Golden Retrievers and who have generously helped our Golden Retrievers with their financial support, gifts in kind and donated services.

Adoptions

Mike & Ann Kuebrich
Name held on request
Molly & Davis Rives
Denis & Irene Gobeille
The Murphy Family
Charles & Catrina Rehm
Ann Coleman & Michael Whim
Rita Lippert & Lois Koenen
Karen Renz
Jim Wright
Hugh Ollech
Michael & Carolyn Toomey

Gretchen
Hudson
Jeffrey
Jesse
Josi
Levi
Montaina
Paris
Sarge
Spencer II
Tobey
Yukon II

Donations

Angela Holt
Barb & Russell Crowder
Barbara Hughes
Cheryl Crays
Colleen Nolan
Connie & Eric Coleman
Dennis & Dede Hoffman
Erika Salomon
Girl Scouts Troop 3279
Jane Peacock
Joe & Ruby Blair
Jon & Barb Meline
Karen Bellville
Kathy Rizzo
Kent Holcomb
Kimberly Zender
Kristene Sutliff
Lisa Crabtree
Lois Koenen
Marsha Ramey
Mildred Beuc
Nancy Williams
Patricia Rushing
Purina Event Center
Rally to Rescue
Rita Lippert
Sandy & Doug Turmail
William & Barbara Dennis

In Memory and Honor-continued

In memory of Freddie Karen Luning
In memory of Graham Pershing Courtney Reeves
In memory of Jasper, BJ & Huck Alfred & Virginia Kirkpatrick
In memory of Jessie Koenen/Lippert Sarah Scott
In memory of Jim & in honor of Charlotte Burke Michael & Becky Zaccarelo
In memory of Junior & Gus David & Diane Cracchiolo
In memory of Ladybug Deb Kinscherf
In memory of Leilani Wayne & Marilyn Molitor
In memory of Lucy Sall Ron Edwards
In memory of Maggie Swoboda Charles & Cathleen Swoboda
In memory of Max, Sulley & Sammy Diane & Les Harmon
In memory of McKenzie Jan & Ray Knoche
In memory of Mulligan, Holly, Rory & Buddy Bill & Janet O'Neil
In memory of Murphy Mary Ann Broemmelsick
In memory of Nicholas David & Sabrina Garfinkel
In memory of Nicky Michael & Linda Austrin
In memory of Penny Dorothy Divilbiss
In memory of River Rebecca Bethard
In memory of Seamus Tom & Bobbi Buckley
In memory of Secret & Candy Judy Travis
In memory of Shaddie Cecilia Soibel
In memory of Shaughnessy & Cooper Cindy Murphy
In memory of Shelby Mark, Kathy & Haley Upton
In memory of Sonny Karen Renz
In memory of Sunshine Deigh Morgan Mance
In memory of Teddy Amy Richey
In memory of Trouble Cheryl Crays

Foster Buddies

Katherine Steele Jeffrey
Fred & Alison Bauer Jeffrey
Clayton & Nicole Arft Yukon
Fred & Alison Bauer Zoey May

In Memory and Honor

In honor of Sapna Jos Galloway Lois Koenen & Rita Lippert
In memory of Cassie & McKenzie Joy Beach
In memory of Charlotte Bailey Melissa & Brenda Utt & Glenora Gause
In memory of Corey Dr. Honore Hughes
In memory of Dillon Fogle Christine & Maggie Cool
In memory of Duffy Noreen & Ron Cohen
In memory of Duke Lucille Paluszek
In memory of Enzo Jeanette Layton
In memory of Fidget Carole McFarland
Jennifer Hershey & Del Moeller
In memory of Fred Lynn & Fred Oller

The Golden Retrievers Thank You

Hiking

A group of Golden lovers hike once a month during fall, winter and spring.

This is an invitation to join our Yahoo group list used to announce our hike information and give updates on changes in scheduling. You can join by going to the following link <http://groups.yahoo.com/group/GoldenHiking/>

Our hikes are also on the calendar on the web page.
<http://www.loveagolden.com> and go to Calendar

The hikes are very informal. Feel free to invite any friends who might want to come. We all head down the trail, starting at the same time, but we walk at our own pace. All hikes are relatively flat; the Chubb Trail is a little hilly at the beginning and end.

Scheduled hikes for 2012/13 (subject to change)

We will start our hikes in November

Sunday November 4th meeting at 12:30pm Busch Wildlife Conservation Area
Meet at the Visitor Center and drive to the hiking trail.

Sunday December 2th meeting at 12:30pm Chubb Trail by Lone Elk Park
Meet at the trailhead.

Sunday January 6th meeting at 12:30pm at the Visitor Center, Cuivre River State Park in Troy, Missouri.
We will drive to the trail head. In case of inclement weather, we will go to Creve Coeur Park, and meet at the Taco Bell Shelter by the waterfall.

Sunday February 3rd meeting at 12:30pm Columbia Bottoms
Meet at the confluence parking lot.

March 3rd meeting at 12:30pm Chubb Trail by Lone Elk Park
Meet at the trailhead.

Sunday April 7th meeting at 12:30pm Horseshoe Lake State Park, Granite City, Illinois.
Meet across the causeway, on the island.

Sunday May 5th meeting at 5:30pm for an evening hike at Queeny Park.
Meet at the Dog Museum parking lot off Mason Road.

UPCOMING EVENTS

Pattonville High School Craft Fair December 4, 9am - 3pm

2497 Creve Coeur Mill Road
Maryland Heights, Missouri

Pet-acular Holiday Bazaar December 8th and 9th, 11am - 4pm

Purina Farms-Event Center
200 Checkerboard Dr.
Gray Summit, Missouri

Barnes and Noble Gift Wrapping at St. Louis Area Stores

Fenton December 22nd, 23rd and 24th all day

St Peters December 16th 9am - 1pm
December 23rd 9am - 1pm
December 24th 9am - 6pm

Chesterfield December 15th noon - close
December 16th noon - close
December 23rd all day

West County Mall December 15th 9am - 10pm
December 16th 10am - 7pm
December 22nd 6pm - 10 pm
December 24t 9am - 6pm

Please note we will be changing the month of our Reunion Picnic to September in 2013. We hope it will be a little cooler.

LOVE A GOLDEN RESCUE
P.O. BOX 27621
ST. LOUIS MO 63146-0621



address correction requested



ABOUT OUR NEWSLETTER....

The Love a Golden Rescue newsletter is published three times each year, in the months of February, June, and October. The deadline for submitting stories, photos, announcements etc. is the 1st of the month in which the newsletter is published.

We reserve the right to edit any submissions for publication.

The newsletter is published in full color in Adobe Acrobat (pdf) format on our web site and can be accessed at:

www.loveagolden.com/newsletter.htm

To have the newsletter mailed to you, please drop a note to one of our addresses listed below.

Interested in volunteering with Love a Golden Rescue?

Then fill out a volunteer application form on-line at: www.loveagolden.com/volunteerform.htm

or send an e-mail to volunteer@loveagolden.com

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and

Twitter <http://twitter.com/LoveAGoldenResQ>

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Articles must be submitted by
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to be considered for our next newsletter.
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