

# Love a Golden Rescue

## Golden News



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Summer 2013

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### SHARE THE LOVE

Being a part of a therapy team with your dog can be quite rewarding. It entails a great deal of training, but can be an enjoyable endeavor for both the two-legged and the four-legged member of the team. Visiting schools, hospitals and nursing homes is a wonderful way to give back to the community.

Several of LAGR members have therapy dogs. In this issue, two of our volunteers share their experiences. The first is Margie Deibel. Margie has made therapy work with her dogs an integral part of her life. Read her story; it's obvious how much she--and her dogs--enjoy doing therapy work.

If you have watched the news coverage of the recent tragic events in Newtown, Connecticut and Boston, Massachusetts, you may have noticed some very unique emergency responders: a group of nine Golden Retrievers and their handlers from Chicago. Therapy teams travel the country bringing a comforting, calming presence and unconditional love to people in the midst of their distress.

The vast majority of therapy teams do not travel the country, as the group from Chicago does, but work within their own local communities. In the St. Louis area, Support Dogs, Inc. trains volunteers and their dogs to visit hospitals, nursing homes, rehab facilities, cancer treatment centers, schools and libraries through their TOUCH (Therapy of Unique Canine Helpers) Program. To apply for acceptance into the program, you must have had your dog for a minimum of one year, and the dog should be 2 years of age or older. You must have successfully completed a basic obedience class, and your dog must pass a temperament test. The 16-week class will hone your basic obedience skills and teach you how to safely operate around all kinds of medical equipment. You will learn how to assess and respond to situations which may arise during your visit (such as fire alarms sounding, properly placing your dog to accommodate a patient's disabilities or infirmities, how to respond in the event a patient asks you to perform a nursing task for them, etc.).

I have taken three dogs (all Golden Retrievers, all rescues) through the TOUCH Program - Hannah, Daisy and Isaac. Hannah has since crossed the bridge, but Daisy and Isaac are still active participants. Our participation in the TOUCH Program has been a win-win situation for everyone. The dogs get lots of attention and petting, the patients experience the affection and calming effect the dogs offer, and I get to meet a lot of nice people. In some instances, we may be the only visitor a patient will have who is not a caregiver. In certain facilities, the staff looks forward to our visits as much as the patients do, as their jobs as caregivers can be quite stressful at times.

My involvement with the TOUCH Program has been very rewarding, and I would like to share some of my personal experiences.

On the one-year anniversary of Hannah's death, I was feeling sad and didn't want to go to the nursing home where I was scheduled to visit. My husband said, "Those people are counting on you!" I put Daisy in her harness, and off we went. During the evening, another team exited a patient's room and asked me, "Whatever happened to your dog Hannah?" I explained that she had passed on. My friend then went on to tell me about the little girl who was visiting her grandfather in that last room. The little girl told her that when she had been visiting her grandmother in that same facility a few years prior, they were visited by a one-eyed Golden Retriever who also had cancer. The dog had been a rescue because its previous owner had died, and the dog had lost its eye because of glaucoma. This was basically every single detail I had told her about Hannah. Sometimes it's not the patient in the



Share the Love - Continued next page

## Share the Love - Continued

bed who is most impacted by our visits but the extended family instead. In the summer, I live in North Carolina, and we visit a small hospital/nursing home there. A female patient hadn't used real words in many months. She babbled in her own indecipherable language. Several weeks after we began our visits, she started speaking to my dogs in real English. She wouldn't speak to people, but she would speak to the dogs. The hospital documented the patient's improvement and forwarded the information to the state. Something furry with four legs had been able to help that patient, when all the doctors and therapists had been unable to help.

Daisy, Isaac and I visit a cancer treatment center in St. Louis. We met a woman who had been battling cancer for 18 years. The cancer just kept moving to new parts of her body. She told me that it had finally moved to her heart, and that she didn't have long to live. It got to be near Christmas, and when I arrived at the facility, the receptionist gave me a card that Peggy had left for me. On the front of the card was a Golden Retriever made of snow with a real Golden Retriever sitting in the snow looking at the Retriever "snowman." Inside was a very kind message telling me how much our visits had meant to her. I had to take a few minutes to collect myself, as I was so moved by the kindness of this woman. Here she was, dying of cancer, and yet she took the time to purchase a card for me. And not just any card, a card with Golden Retrievers on it. How many stores did she have to visit before she found this perfect card? I never saw her again, but I cherish her thoughtful gesture. Patients and their families frequently express their appreciation for our visits. It means so much to them that strangers would give up their time to brighten their day.

Being confined to a nursing home, undergoing rehab, being hospitalized, undergoing cancer treatment, all of these situations are stressful for individuals and their extended families. You and your dog may have the potential to become "emergency responders" who can help them cope with their circumstances and help alleviate some of the stress, if only for a few minutes. If you would like more information on the TOUCH Program, contact Support Dogs, Inc. at [www.supportdogs.org](http://www.supportdogs.org) or 314-997-7202. I encourage you to make a difference in the lives of others by sharing the love of your Golden.

And now, here is Michele Swanson's perspective. Michele has also been doing therapy work for years. Even though her therapy dog --Buddy--is in his "golden" years, he still looks forward to doing his "work."

A pet therapy dog is one who goes through specialized training. First is basic obedience training and next is advanced therapy dog training. In that training, the dogs learn to deal with medical equipment, walkers, wheelchairs and sounds that might not be routine. For example, the noise that is made when a wheelchair collapses might not bother us, but dogs have to be trained to not react in a skittish way to strange sounds.

Dogs, like people, come in a variety of sizes and personalities. A good therapy dog should possess a warm and loving personality and be willing to follow your commands. Most of all, they have to love people! A good therapy dog adores all kinds of people from small children to older adults. I have trained three dogs through the St. Louis Chapter of Love on a Leash. Similar to other therapy dog groups, your dog must be at least one year of age, and you have had the dog for a year. Your dog must have passed obedience training and completed their Canine Good Citizen training. Then, it's off to eight weeks of more training and into a mentoring program.

Buddy came into our lives as a foster dog in 2001. We quickly realized he was special and adopted him after only a couple of weeks. After adopting him and having him in our home for a year, I decided to see if he would make a good therapy dog. He loved adults, children, other dogs and cats; it seemed like it would work. We went through obedience training, and advanced therapy dog training. Buddy got his CGC (Canine Good Citizen) certification, and we were on the road to lots of fun. It's an adventurous path we continue to travel. Every time we visit, he makes new friends. He knows when someone new comes into a room and will go say "hi." Buddy has visited schools with special-needs children, he's gone to hospitals and has spent time in many nursing homes. We even used to be a part of a dance/drill team with Love on a Leash. I'll say we were no Fred Astaire and Ginger Rogers, but we managed. (So no, you won't ever see Buddy all decked out in a sequined outfit, competing on Dancing with the Stars, but we did have a blast.)

Due to his age, we now only visit a nursing home. At the age of 14 years, Buddy is a senior visiting seniors, and he still loves it. If you have the time to devote to training, you have a love of people, and your dog has the same attitude, you will be rewarded many times over by doing this.



## *President's Message*

Hi,

Time marches on. It is hard to believe it is already the summer of 2013. Our Valentine Appeal in February was a great success. Thank you to all of you who have donated. We only ask once a year, and the response is just wonderful.

Our rescue continues to be busy; we have a steady intake of dogs, and lots of wonderful people adopting our dogs.

So far this year we have rescued 35 dogs. That may not sound like many, but with only a handful of foster homes, it is a great feat. Thank you to those who foster. We received a litter of 2-week old puppies—all have been adopted. We've rescued several other puppies—all with sad stories—and eight great seniors.

During May, two dogs came in back to back, and they were both heartworm positive. Brita is a 2 to 3 year old mix and very sweet. She is almost finished with her treatment and will be looking for a home. The other is Greta, a wonderful 11-year old senior whose owner died. Greta will be starting her treatment very soon. She is a gem.

Levi Strauss came to us in April with severe allergies. When cultured, it was discovered he had a staph infection over most of his body. The staph has now dried up, but he is left with scar tissue on his back. We are hoping the fur grows back and will cover most of his lumps and bumps. It is a slow process getting him back on track, but time is on our side (he is such a sweet boy). Once we get his allergies under control, he will be up for adoption as a special needs boy.

Our annual trivia event is scheduled for August 17th (see flyer in this newsletter). Please consider signing up for a table. This is our largest fundraiser of the year. If you cannot attend, we are always looking for donations for our silent auction. If you can help, please e-mail [adoption@loveagolden.com](mailto:adoption@loveagolden.com).

Don't forget our reunion picnic. This year we've moved the picnic to September, because that is usually a cooler month. We hope to see you there.

Have a great summer!

Golden thoughts,  
Jan

## UPCOMING EVENTS

**Reunion Picnic**  
Our Reunion Picnic will be  
September 21, 2013.



## Adoption Days

Come see our available Golden Retrievers.

Adoption Days are held at the following locations and times:

Second Sunday of each month - Noon until 3:00 PM  
PETCO in St. Charles located near Zumbehl and Hwy 70.

Last Sunday of each month - Noon until 3:00 PM  
PETCO located at Clarkson and Baxter Roads.

See the LAGR calendar on the web site for details on all the events: [www.loveagolden.com/events.htm](http://www.loveagolden.com/events.htm)

# ASK ELSA



**Dear Elsa,**

I hear you are a therapy dog. What do you think about that work? Is it a great job? Should I try out to be a therapy dog? Is it the kind of job where I will get to gobble up food that's fallen on the floor?

Chomping-at-the-bit to volunteer,  
Marley

**Dear Marley,**

I have been doing my volunteer therapy work for five years, and I do love it. The minute my mom puts my harness on me, I know I am going to work, and I behave appropriately. I know my regular readers will find that hard to believe as when I'm "off" work and am not wearing my harness, I get into all kinds of mischief.

Ignoring a food tray on the floor is part of the training. If you're getting into therapy work because of the snacks you might snag, maybe you should consider another way to use your talents.

When I was in training, I was not the best student. I spent most of my time sleeping, and when it was my turn to do something—maybe with a wheel chair, a walker or visiting a bed—I did what I was asked. Honestly, I did not feel this therapy stuff was right for me. I *did* graduate, thanks to my mom's persistence. The rating (kind of like my final grade) I received when I graduated reflected my lackadaisical attitude, so I was limited where I could go as a therapy dog.

We went to St John's Skilled Nursing; I found I really liked going there, meeting the people and getting lots of attention. My attitude changed, and I worked very hard and was eventually recertified with a ranking that allowed me to go to *any* facility.

For many years we went to Rankin Jordan, a pediatric specialty hospital. As I grew older, my mom noticed I was not as comfortable as I was when I was younger. Rankin is a very special place to go, and I did find it stressful. I continue to go to St John's Skilled Nursing, and I thoroughly enjoy it. In my opinion, it is important to put your trust in your partner, be it your mom or dad. My mom can read my body language very well. This is important to me, as I know I can trust that she will keep me safe. For example, when she saw I was getting anxious during our visits to Rankin Jordan, she made the decision to stop going there. Mom and I work together and are a great team.

So Marley, if you feel you would like to be a therapy dog, go for it, but remember you have to have obedience training and be well behaved. I'm a party girl at home. However, once my harness is on, I know I'm on the job, and my troublemaking behavior has to be left at the door.

Eager to help others,  
Elsa

## Have you ever wanted to make your own dog chews? Try this easy recipe for Sweet Potato Dog Chews

### Ingredient:

One Large Sweet Potato, washed & dried

### Instructions:

- \* Preheat oven to **250° F**
- \* Line a baking sheet with parchment paper.
- \* Cut off one side of the sweet potato lengthwise, as close to the edge as possible. Cutting the side of the potato first allows you to then turn the potato onto this flat surface that you have just created. Having a stable area to rest the potato will make it easier to cut the potato into slices. Don't discard that first piece, it comes out just as yummy as the rest!
- \* Cut the rest of the potato into 1/3" slices, no smaller than 1/4".
- \* Place them on the prepared baking sheet.
- \* Bake for 3 hours, turning half way through.
- \* Cool completely on a wire rack.



**Storing** - Although these treats are dried, you will want to keep them in the refrigerator for up to 3 weeks. You can freeze them for up to 4 months.

# HAPPY ENDINGS

Daisy (formerly Hadley) and Sunshine in the yard in matching neckwear, they were about to start to dig for "something"! :)



Shelby (formerly Echo) has a wonderful new home and doggie friends to play with.



Ike is doing so well in his new home and loves life.



Joe Joe (formerly Joel) is doing wonderful! He is just absolutely perfect, and we love him so much! He fits right into our family.



Hollie with her best friend Mao "chillin'."



(Pearl) Doggie love.



Kody is a little pistol and lover. He loves getting dressed up for Christmas.



Bernie continues to be a joy to have! He is playful, laid back, does well with new people and new situations and rides in the car nicely.



Jeffrey is doing well. He's a huge love sponge. He is very good at finding trouble to get into - so we do keep an eye on him at all times. He can jump like a mountain goat - so nothing is safe on the coffee table or end tables.



(Jeffrey is on the right)

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# HAPPY ENDINGS -CONTINUED



McKenna is doing wonderful. Everyone that meets her is just so impressed with how well mannered and sweet she is. I've taken her to work with me, and we go visiting with the neighbors' dogs. She's the greatest.

Bree is still the perfect dog for us. More of her personality keeps coming out as she gets more comfortable with her surroundings here. She loves her walks around the neighborhood. Bree's Thundershirt is doing a good job of minimizing her mild separation anxiety and helping with her anxiety with thunder and lightning.



Spencer and Sassy Ann are both LAGR alumni.



Best Friends - Buddy (formerly Trek) with Jax.



Syd (formerly Millie) thinks she is a princess.



Getty (formerly Rio) is a MAJOR goof ball learning manners, BUT he is a Golden, so he wants to please. You just have to laugh, because his actions can be priceless. He does something funny with his lip.



Lulu (formerly Jeannie) and Toby. Lulu is the darker red one.



## ***PIC ME!*** - Golden currently available for adoption.

All of our adoptable Golden retrievers can be found on our web site at: [www.loveagolden.com](http://www.loveagolden.com)

**Huey** is a well-mannered senior. We don't know exactly how old he is, but we do know he has a lot of life left in him. Huey will gallop after the ball---he loves to play fetch but doesn't always bring the ball back to you---and loves to be petted. In fact, that is the main thing Huey wants out of life--to be loved. He gets along with other dogs, and although he isn't living with cats, he has been around them at events, and seems uninterested in those of the feline persuasion.



**Tillie** is a sweet little girl, estimated to be 6-7 years old. She is potty trained and is not crated at her foster home. She has a wonderfully soft coat. Tillie loves tennis balls and stuffed animals. She loves to go on walks but doesn't walk well on a leash...yet. She will pick that up quickly. She gets along great with her foster brothers and sister, but she does not like cats. Tillie is such a happy girl, and she will be even happier when she finds her forever home.



### **Find the Golden!**



The Golden in last edition was hidden on page 5 in the lower left corner. Did you find it? The Golden is making its way through the newsletter and will be hidden somewhere in this edition. Have fun, reading through the entire newsletter to find it. The location will be revealed in the next edition.

## **Nicky Update**

I want to give you a current update on what has been going on with Nicky during the past few months. Late in 2012, he had several ear infections in both ears. In mid-January, he suffered a seizure.

I had read the Post-Dispatch vet columns from time-to-time and on a lark decided to write to him describing our problem to see if he could offer different insight. Much to my surprise, I received a personal e-mail from him. His two recommendations: wean him from Phenobarbital (already being done) and switch Nicky to a grain-free dog food. He noted that grain-based foods (especially those containing corn grains) can not only cause ear infections but have been known to cause seizures. He included a lengthy list of potential grain-free foods. We went immediately to the pet store and chose Blue Buffalo Freedom.

The change in the past couple of weeks is amazing! Nicky has regained a lot of his pep and strength (he experienced hind flank weakness on the Phenobarbital and grain based food). He now enjoys playing with his toys, and he is very engaged with us and any other people or dogs he encounters. He loves everyone! We are so happy to see him improving so much, and Nicky is much happier, too!

I wanted to tell you our story and share it with other LAGR families who might experience this type of situation.

# RECENTS EVENTS

Exhausted after collecting donations at the Earth Day festivities at Forest Park.



## *In Loving Memory*



Winston went to the bridge March 16<sup>th</sup> after losing his battle to cancer the day before he was turning 12. Winston was the 23<sup>rd</sup> dog that came to LAGR and made his way into our hearts that very first day. From a three month old puppy, he was an old soul and very serious and always hated to make mistakes. He helped many foster dogs learn the ropes. He was a blood donor for many years and was a wonderful therapy dog. He loved his hikes and swimming. This year will be the first Love a Golden Rescue picnic that he will not be attending. We miss him so much.

When we adopted Livie (Olivia) from LAGR 5 years ago, we had hoped to have Livie with us for many, many years but unfortunately her health didn't cooperate with our hopes. She was the love of our lives and broke our hearts when she died so suddenly and unexpectedly.



It is with a sad heart that I must tell you our baby girl, Maggie Jo, crossed over the Rainbow Bridge February 2013. She brought so much love to Steven and me that it is hard to explain. Our other Golden, Mickey is sleeping in her spot. I know he is lost as well. Those two were inseparable

Miracle had a very difficult life, when she was found she had a coyote trap on her foot and frost bite over her body. She was much loved in her foster home, but sadly she began to have seizures and went to the bridge in April 2013.



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## *In Loving Memory* -continued



Sadly Sweetheart went to the bridge in March of 2013. Here is her story:

I was rescued from the steps of City Hall in Mascoutah, IL way back in 2003/2004. I had my 15 minutes of fame when I appeared on KSDK Channel 5 in St. Louis in Jan. 2004. I had been shot in the shoulder and had nerve damage in my front left paw, so it was basically useless. After I was on TV, several people contacted Love a Golden Rescue to adopt me, and I eventually ended up with Mary and Lonnie in Litchfield, Illinois, along with their 8-year-old Golden, Ben. Nobody knew if I would ever be able to walk on 4 legs again, but Ben kept trying to play with me. I eventually started batting my paw back at him, until I started taking a few steps. Mary took me to the University of Illinois Vet School, and they didn't think I would be able to walk again because of nerve damage. I surprised everybody when I escaped from my kennel in the hospital and marched down the hall to find somebody to help me get back to Litchfield!

After a month at the University of Illinois, I came back home to Litchfield and could run like the wind again! I grew to love my new home, even though I probably liked Ben more than he liked me, but he was getting pretty old by then. Ben eventually passed away in October of 2009, and Mary was sure glad to have me to help fill the void left by her beloved 14-1/2 year old Ben. Then I started to get old, and Mary and Lonnie built a new home on the lake in Litchfield, and were afraid I wouldn't make it to the new house after I had a minor stroke, but I surprised everybody! We moved into the new house in May of 2011, and now I spend a lot of time on the porch looking out over the water. Life is good! We even adopted a new puppy in Jan. 2012. His name is Chief, and he's growing up to be a good Golden. I'm looking after him and helping keep him out of puppy trouble. I'm about 14 years old now and can't move like I used to, but I'm doing pretty well in my old age. I don't know if I love Mary and Lonnie more, or if they love me more, but we're all very, very grateful to Love A Golden Rescue for rescuing me and letting Mary and Lonnie adopt me all those years ago.

We are sad to inform you that Buddy, aka Brewster, went to the Rainbow Bridge on February 24<sup>th</sup>. He was a wonderful dog who was loved by our family so much!

He battled a mass cell tumor for 8 months and went peacefully at home surrounded by his family. My daughter put together this wonderful collage of pictures of Buddy and Miki through the years. These pictures speak a thousand words of the love and happiness these beautiful dogs brought to our family.



Abra went to the bridge suddenly in March 2013. She was adopted in 2002 after having hip surgery. Her mom was her nurse when she had surgery, and this is what her mom said on Facebook.

Thanks everyone. She was pretty special. It's so weird to not have her around. April do you remember walking her past surgery the day that Janet Knoche and Love A Golden Rescue brought her for hip surgery? You told me I needed her, and I said like a hole in the head. LOL. The rest is history.



Ashley came to rescue after her owner suddenly passed away, she was a wonderful senior. As her foster parent, I want to thank LAGR for letting us have Ashley in our home these past 4 months. We only wish she could have been with us for many years. She was absolutely the sweetest girl. She was loved, and I am crying just thinking how she will not be there to greet me when I come home.

# Love A Golden Rescue - Supporters

Love a Golden Rescue would like to thank all of our supporters who, have given new "forever homes" to our homeless Golden Retrievers and who have generously helped our Golden Retrievers with their financial support, gifts in kind and donated services.

## Adoptions

Name held on request	Bernie
Name held on request	Echo
Tom & Nancy Sparr	Emmy
Name held on request	Finn
Libby McLaughlin	Frack
Name held on request	Gabe
Jonathan Peck	Grady
Cindy Corzine	Ike
Norm & Mya Tyler	Jeannie
Name held on request	Joel
Don & Rita Drochelman	Kaylin
Scott & Gloria Johnston	Kirby
Jan & Ray Knoche	Layla
Paula Hughes	Loki
Name held on request	Lucy Louise
Name held on request	Mr Duke
Name held on request	Myron
Michael & Shawn Carlson	Pearl
Carolyn & Tom Sveitis	Rio
Name held on request	Sachi
Michele Estabrook & George VanHare	Saige
Judy & Glenn Harbison	Shelbi
Name held on request	Tango
Kory & Sheryl McCullough	Tessa
Katie Fitzgerald	Walker
Lennie & Jodie Neuman	Wills

## Foster Buddies

Swanson Sisters	Cleo
Sally Baxter	Ginjer
Janet Musick	Levi Strauss
David & Jennifer Keyt	Lucy Louise
Purina Employers	Miracle
Fred & Alison Bauer	Zoey Mae

## Donations

Anne Higgins  
 Barb & Jon Meline  
 Barbara Ferrenbach  
 Barbara & Bill Dennis  
 Cheryl Crays  
 Christine Hanford  
 Colleen Nolan

## Donations - continued

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## In Memory and Honor

Kathy Rizzo	In honor of George & Dolly
Cathy Cleveland	In honor of Ron Edwards
Dr Honore Hughes	n memory of Bailey & Corey
Lucille Paluszek	In memory of Big Buddy
Gene & Kathy Buxton	In memory of Brandy
John & Linda Geluso	In memory of Brandy
Joe & Ruby Blair	In memory of Chamois, Buffy & Stoney
Marjorie Gutsch	In memory of Charles & Sadie
Debbie Davis	In memory of Chaska
Barbara Rain	In memory of Chewbly Waggly
Jeff & Sharon Guenther	In memory of Dieker
Lyndell Oller	In memory of Fred
Kathleen Peterson	In memory of Gypsy
Margaret & Michael Paddock	In memory of Hunter
David & Diane Cracchiolo	In memory of Junior & Gus
Cheryl Brown	In memory of Lumpy Gravy
Charles & Cathleen Swoboda	In memory of Maggie
Bill & Janet O'Neil	In memory of Mulligen, Holly, Buddy & Rory
Michael & Linda Austrin	In memory of Nicky
D A Divilbiss	In memory of Penny
Tammy Chastain	In memory of Ren
Tina McDermott	In memory of Roscoe
Tom & Bobbi Buckley	In memory of Seamus
Cecilia Soibel	In memory of Shaddie
The Upton Family	In memory of Shelby
Les & Diane Harmon	In memory of Sully, Max and Sammy
Ron Edwards	In memory of Winston
Pam Bogle	In memory of Winston

# TRIVIA NIGHT

## Benefiting Love a Golden Rescue

Night of Food, Fun & Trivia

August 17th, 2013

7 p.m. (doors open at 6:30 p.m.)

Knights of Columbus, 20 Westbury Drive, St Charles, Mo 63301

Cost \$160 for a table of 8

PayPal payment of \$160.00 Go to <http://www.loveagolden.com/Events.htm>

(If you do not have a full table, call 314-576-3685)

Includes Draft Beer & Soda

(Feel free to bring in your own snacks, but outside alcohol cannot be brought in; mixed drinks and wine available at bar prices)

### Silent Auction, 50/50 Drawing, Raffle, Mulligans

Directions: From I 70 West take Zumbahl Road Exit 227, turn right onto Zumbahl Road.

Turn right onto W Clay St. to Westbury Drive next to Pundmann Ford, turn right on Westbury;

Parking in front of building and across the street.

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#### Trivia Night Registration Form

(Sign up early)

Name: ..... Phone #.....

\_\_\_\_\_ Yes! I will be attending. Please reserve:

\_\_\_\_\_ Number of tables @ \$160.00 (8 players per table)

\_\_\_\_\_ No, I am unable to attend, but will donate

\$\_\_\_\_\_ Total Dollar Amount Enclosed

Please make, check payable to LAGR and mail to:

Love a Golden Rescue

P.O. Box 27621

St Louis, MO 63146

Any questions, e-mail [adoption@loveagolden.com](mailto:adoption@loveagolden.com)

**Love a Golden Rescue**  
**P.O. Box 27621**  
**St. Louis MO 63146-0621**



address correction requested



## About our newsletter....

The Love a Golden Rescue newsletter is published three times each year, in the months of February, June, and October. The deadline for submitting stories, photos, announcements etc. is the 1st of the month in which the newsletter is published.

We reserve the right to edit any submissions for publication.

The newsletter is published in full color in Adobe Acrobat (pdf) format on our web site and can be accessed at:

[www.loveagolden.com/newsletter.htm](http://www.loveagolden.com/newsletter.htm)

To have the newsletter mailed to you, please drop a note to one of our addresses listed below.

**Interested in volunteering with Love a Golden Rescue?**

Then fill out a volunteer application form on-line at: [www.loveagolden.com/volunteerform.htm](http://www.loveagolden.com/volunteerform.htm)  
or send an e-mail to [volunteer@loveagolden.com](mailto:volunteer@loveagolden.com)

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Articles must be submitted by  
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to be considered for our next newsletter.  
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